



Helen Farabee  
Centers

**Resource Guide**  
**2021**

## Table of Contents

Adult Education .....	3
Childcare .....	3
Counseling Centers & Support Groups.....	4
Congregate Meals .....	7
Dental Assistance.....	8
Drug and Alcohol Rehabilitation .....	8
Eye Glasses/Exams .....	9
Housing Resources.....	9
Job Assistance.....	11
Legal Assistance .....	12
Meals on Wheels.....	12
Food Pantries .....	13
LGBT Resources.....	15
Medication Assistance .....	15
Medical Equipment.....	16
Pet Care.....	17
Senior Programs.....	17
12 Step Groups Wichita Falls .....	19
Alcoholics Anonymous.....	19
NA Groups.....	20
Weekly Motels .....	20
Nursing Homes .....	21
Assisted/Supervised Living Facilities.....	22
Shelters.....	22
Transportation.....	23
Utilities.....	24
Miscellaneous .....	25

## Adult Education

### Region IX Adult Education Center

301 Loop 11

Wichita Falls Texas 76306

Provides English as a Second Language (ESL) classes & GED preparation classes

[www.esc9.net](http://www.esc9.net)

940-322-6928

## Childcare

### Early Head Start

1201 E Scott Ave

Wichita Falls Texas 76301

[www.wfearlyheadstart.org](http://www.wfearlyheadstart.org)

940-766-2245

### Child Care, Inc

1000 Lamar, Suite 429

Wichita Falls Texas 76301

[www.childcarewf.org](http://www.childcarewf.org)

940-766-4332

### Iowa Park Recreational Activity Club

806 N 3rd St

Iowa Park Texas 76367

940-592-4471

### Martin Luther King Center

1100 Smith St

Wichita Falls Texas 76301

940-322-7152

### North Texas Parent Child Development, (Early Head Start)

500 Flood Street

Wichita Falls Texas 76301

[www.wfearlyheadstart.org](http://www.wfearlyheadstart.org)

940-687-5437

### Rolling Plains Management Corp

118 North 1st St.

Crowell Texas 79227

[www.rollingplains.org](http://www.rollingplains.org)

940-684-1571

### Southside Youth Senter

1205 Montgomery St

Wichita Falls Texas 76302

Childcare and recreational sports ages 5-18. Buses pick up at schools.

[southsideyouthsenter.com](http://southsideyouthsenter.com)

940-767-7071

Boys & Girls Club of Wichita Falls  
1318 6th St.  
Wichita Falls Texas 76301  
Call for other locations

[bgcwf.org](http://bgcwf.org)  
940-322-2012

Choices: Workforce Solutions North Texas  
4309 Old Jacksboro Highway, 300  
Wichita Falls Texas 76302  
TANF

[ntxworksolutions.org](http://ntxworksolutions.org)  
Childcare: 940-723-8774  
Workforce: 940-322-1801

## Counseling Centers & Support Groups

Christ Home Place Ministries (CHPM) Professional  
Counseling  
1420 Twin Oaks  
Wichita Falls Texas 76302

[christcounselingministry.org](http://christcounselingministry.org)

940-696-0181

First Christian Church- Common Ground Recovery  
Ministry  
3701 Taft Blvd  
Wichita Falls Texas 76308  
Groups: Anger/violence, anger management, separation & divorce support groups and  
parenting classes. Contact: Laurel Clements 642-7221

[www.firstchristianwf.com](http://www.firstchristianwf.com)

940-692-2282

Communities in Schools of Greater Wichita Falls  
(CIS)  
705 8th St #700  
Wichita Falls Texas 76301

[wichitafalls.communitiesinschools.org](http://wichitafalls.communitiesinschools.org)

940-264-6744

Offers students at Kirby, Barwise, Zundy & Hirschi assistance with academics, behavior,  
and/or attendance. Offers after school program focused on academics.

Families for Autism Support of Texoma  
205 Diamond  
Iowa Park Texas 76367

[www.navigatelifetexas.org](http://www.navigatelifetexas.org)  
940-264-6743

First Step, Inc. Administrative Office  
624 Indiana #304  
Wichita Falls Texas 76301  
Domestic Violence Hotline: 800-658-2683

[www.firststep.org](http://www.firststep.org)  
Main Office: 940-723-7799  
Counseling: 940-692-1993

Encompass Rehabilitation Hospital

3901 Armory Rd  
Wichita Falls Texas 76302

[www.encompasshealth.com](http://www.encompasshealth.com)

940-720-5700 ext. 5749

Stroke support meeting once a month- lunch provided Contact: Kayla Swenson

Helen Farabee Centers

500 Broad  
Wichita Falls Texas 76301

[www.helenfarabee.org](http://www.helenfarabee.org)

940-397-3300

Center offers a wide variety of community- based services structured to help people with intellectual, behavioral, and developmental disabilities. Center also offers alcohol and drug dependency support groups and a Veteran Peer support group.

Helen Farabee Center Child and Adolescent Program

516 Denver  
Wichita Falls Texas 76301

[www.helenfarabee.org](http://www.helenfarabee.org)

940-720-3500

Offers sliding scale & accepts insurance.

HOPE for Mental Health

The Corner 10<sup>th</sup> and Bluff  
Wichita Falls Texas 76301

[www.facebook.com/Hopeformentalhealth](http://www.facebook.com/Hopeformentalhealth)

940-235-7828

361-720-1156

Support group meets every Tuesday from 6:30-8:00 pm.

Hospice of Wichita Falls

4909 Johnson Road  
Wichita Falls Texas 76301

[www.howf.org](http://www.howf.org)

940-691-0982

Hospice offers several bereavement support groups ranging from children to adults.

MSU Counseling

Corner of Hampstead and Louis J. Rodriguez Drive  
Wichita Falls Texas 76308

<https://mwsu.edu/student-life/counseling>

940-397-4618

MSU Psychology Clinic

3410 Taft  
Wichita Falls Texas 76308

<https://mwsu.edu/academics/libarts/psychology/clinic>

940-397-4791

Patsy's House Children's Advocacy Center [patsyshouse.org](http://patsyshouse.org)  
1411 10th St 940-322-8890  
Wichita Texas 76301  
Falls  
Child abuse counseling, abused children & family center

The Recovery Center [therecoverycentertx.com](http://therecoverycentertx.com)  
2501 Taylor St 940-761-3034  
Wichita Falls Texas 76309  
Alcohol & drug abuse residential & outpatient treatment

Scarlet Letter Ministries [www.scarlet-letter.org](http://www.scarlet-letter.org)  
921 7th Street 940-720-0511  
Wichita Falls Texas 76301  
Faith based counseling

Stroke Support Group - HealthSouth Rehabilitation Hospital  
3901 Armory Road 940-257-8806  
Wichita Falls Texas 76302 940-720-5717  
Third Thursday of each month, 12:00 p.m. - 1 p.m.

Rose Street Mental Health Care [www.rosestreet.org](http://www.rosestreet.org)  
1808 Rose St. 940-723-4488  
Wichita Falls Texas 76301  
Offers psychological testing/counseling

Presbyterian Children's Homes and Services [www.pchas.org](http://www.pchas.org)  
2201 Speedway 940-687-1493  
Wichita Falls Texas 76308  
Works with families in need. Free services.

Rainbow House  
1411 10th St. 940-322-7803  
Wichita Falls Texas 76301  
Provides for the Abused and Neglected children of Wichita, Archer, and Clay Counties

Sheppard Air Force Base Advocacy & Family Support Center  
149 Hart Street, Building 1200 940-676-2271  
Sheppard AFB Texas 940-676-4358  
For active and inactive military.

Building Bridges [www.howf.org/bb](http://www.howf.org/bb)  
4909 Johnson Road 940-691-0982  
Wichita Falls Texas 76310  
Grief support group through Hospice of Wichita Falls.

Red River Hospital

1505 8th St.  
Wichita Falls Texas 76301  
Emergency crisis screening available 24 hours a day.

[www.redriverhospital.com](http://www.redriverhospital.com)  
940-341-2464

Taft (Pastoral) Counseling Center

4722 Taft Blvd, Suite #2  
Wichita Falls Texas 76308  
Provides counseling per sliding scale fee and accepts Medicaid/Insurance.

[taftcounseling.com](http://taftcounseling.com)  
940-691-1899

Wichita Falls Community Counseling Center

3100 10th St  
Wichita Falls Texas 76301

[www.wfcommunitycounseling.org](http://www.wfcommunitycounseling.org)  
940-757-0598

STARRY Counseling Program

1417 9th St  
Wichita Falls Texas 76301

[www.starry.org](http://www.starry.org)  
940-386-9546

STARRY Counseling services are available at no cost to families with children up to 18 years old. Counseling services include individual, group, and family counseling as well as parenting classes.

Helen Farabee Centers Veteran Peer Provider Support Group

[www.helenfarabee.org](http://www.helenfarabee.org)

Contact: Elliott Bonner 940-397-3315

Wichita Falls Texas

The Veterans Peer Group meeting is every Monday from 12pm-1pm. Meetings will be held at the Travel Center, located at 306 Scott Ave, WF, Tx,76301. Meet with veteran organizations to build awareness of Post-Traumatic Stress Disorder (PTSD), Military Sexual Trauma (MST) and Traumatic Brain Injury (TBI)

## Congregate Meals

Faith Mission

1300 Travis  
Wichita Falls Texas 76301

[faithmissionwf.org](http://faithmissionwf.org)  
940-723-5663

Must go to chapel to eat meals Chapel 12:30 pm lunch 1pm, Chapel 7:30pm Dinner 8pm

Sacred Heart Catholic Church

1504 10th St.  
Wichita Falls Texas 76301

[sacredheartwf.org](http://sacredheartwf.org)  
940-723-5288

Sack lunch

Salvation Army

403 7th St.  
Wichita Falls Texas 76301

[www.salvationarmy.org](http://www.salvationarmy.org)  
940-322-9822

## Dental Assistance

Catholic Charities Diocese of Ft Worth  
249 Thornhill Dr  
Fort Worth Texas 76115

[www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
Local Office: (817) 534-0814

Community Healthcare Center  
200 MLK Blvd  
Wichita Falls Texas 76301

[www.chcwf.com](http://www.chcwf.com)  
940-766-6306

Interfaith Outreach Services  
1101 11th Street  
Wichita Falls Texas 76301

[www.interfaithwf.org](http://www.interfaithwf.org)  
940-322-1165

Kool Smiles General Dentistry for Kids  
3711 Gregory Street  
Wichita Falls Texas 76308

[www.mykoolsmiles.com](http://www.mykoolsmiles.com)  
940-228-1508

Midwestern State University Dental  
Clinic  
3410 Taft Blvd  
Wichita Falls Texas 76308  
Visit website for current services and pricing.

[mwsu.edu/academics/hs2/dental/services-offered](http://mwsu.edu/academics/hs2/dental/services-offered)  
940-397-4737

## Drug and Alcohol Rehabilitation

Drug and Alcohol Beneficiary Program - Salvation Army  
403 7th St  
Wichita Falls Texas 76301

[www.salvationarmy.org](http://www.salvationarmy.org)  
940-322-9822

Red River Hospital  
1505 8th St.  
Wichita Falls Texas 76301  
Emergency crisis screening available 24 hours a day.

[www.redriverhospital.com](http://www.redriverhospital.com)  
940-341-2464

Serenity House Inc.  
2910 Kemp Blvd #213  
Wichita Falls Texas 76308

[serenitytexas.com](http://serenitytexas.com)  
940-767-0423

Outpatient substance abuse treatment. Fees based on income/accepts insurance.



Texoma Treatment Clinic  
3500 Old Iowa Park Rd  
Wichita Falls Texas 76306  
Opiate treatment facility

940-322-9355

The Recovery Center  
2501 Taylor St  
Wichita Falls Texas 76309  
Alcohol & drug abuse residential & outpatient treatment

[therecoverycentertx.com](http://therecoverycentertx.com)  
940-761-3034

### Eye Glasses/Exams

Area Agency on Aging  
4309 Old Jacksboro Hwy # 200  
Wichita Falls Texas 76302

[www.nortextrpc.org](http://www.nortextrpc.org)  
940-322-5281

Catholic Charities Diocese of Ft Worth  
249 Thornhill Dr  
Fort Worth Texas 76115

[www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
Local Office: (817) 534-0814

EyeCare America (online)  
Visit website for current services and pricing.

[www.aao.org/eyecare-america](http://www.aao.org/eyecare-america)

### Housing Resources Choice Voucher Program & HUD

Country Park  
5383 Professional Dr.

940-761-1212 [www.countryparkapts.com](http://www.countryparkapts.com)  
Wichita Falls

Heritage House  
504 Kemp Blvd

940-322-1213  
Wichita Falls

Indian Falls  
4540 Barnett Rd

940-241-4145 [www.indianfallsapts.com](http://www.indianfallsapts.com)  
Wichita Falls

Parkway Villa  
4800 Brookdale

940-691-7211 [www.parkwayvillas.net](http://www.parkwayvillas.net)  
Wichita Falls

Sun Valley  
1315 Central Frwy

940-766-2838  
Wichita Falls

<u>Highpoint Village</u> 5500 Professional Dr.	940-723-9932 Wichita Falls	
<u>Tealwood Place</u> 5300 Professional Dr.	940-723-4800 Wichita Falls	<a href="http://www.mytealwoodapts.com">www.mytealwoodapts.com</a>
<u>Parkstone Senior Village</u> 1727 W. Rathgeber Rd	940-766-4600 Wichita Falls	<a href="http://www.parkstoneseniorvillage.com">www.parkstoneseniorvillage.com</a>
<u>Westmoreland</u> 4806 Johnson Rd	940-337-0303 Wichita Falls	
<u>Fountaingate</u> 5210 Tower	940-691-0931 Wichita Falls	<a href="http://mcdougal.com/properties/fountaingate">mcdougal.com/properties/fountaingate</a>
<u>Avalon Meadows</u> 2610 Old Iowa Park Rd	940-723-0856 Wichita Falls	<a href="http://www.avalonmeadows.net">www.avalonmeadows.net</a>
<u>Rolling Meadows</u> 3006 McNeil	940-691-7511 Wichita Falls	<a href="http://www.rmeadows.com">www.rmeadows.com</a>
<u>Texhoma Christian Care (Personal Unit)</u> 300 Loop 11	940-723-8420 Wichita Falls	<a href="http://www.tccc.org">www.tccc.org</a>
<u>Courtyard Gardens</u> 1501 7th St	940-322-0741 Wichita Falls	
<u>James Bruner TK Ranch Inc</u> 456 Pr 156 Assisted living for ambulatory mentally challenged	940-872-5581 Bowie	<a href="http://tkranch.samsbiz.com/page/19npj/Home.html">tkranch.samsbiz.com/page/19npj/Home.html</a>
<u>Nortex Regional Planning Commission</u> 4309 Jacksboro Hwy, Suite 200 Provides supportive housing assistance along with case management services for persons that area chronically homeless with a disability or a household member with a disability.	940-322-5281 Wichita Falls	<a href="http://www.nortexrpc.org">www.nortexrpc.org</a>

### Subsidized Housing-Rent Based On Income

<u>Archer City Housing Authority</u> 223 S. Sycamore	<u>940-574-2241</u> Archer City	
<u>Burkburnett Housing Authority</u> 217 Byerly St	<u>940-569-3211</u> Burkburnett	
<u>Electra Housing Authority</u> 600 N. Moore #45	<u>940-495-3476</u> Electra	
<u>Henrietta Housing Authority</u> #1 Parkview Ave	<u>940-538-4252</u> Henrietta	
<u>Housing Choice Voucher Program</u> 1300 7th St Room 301	<u>940-761-7454</u> Wichita Falls	<u>Wichitafallstx.gov/613/gov/Housing-Choice-Voucher-Program</u> (Formerly section 8) Turn in on Tuesday
<u>Midtown Manor</u> 400 Burnett St	<u>940-767-1533</u> Wichita Falls	
<u>Wichita Falls Housing Authority</u> 501 Webster St	<u>940-723-8389</u> Wichita Falls	<u>www.wfha.com</u>
<u>Woodbriar Apts (all bills paid)</u> 1000 Mary Dr,	<u>940-592-2121</u> Iowa Park	

### Job Assistance

<u>Beacon Lighthouse, Inc.</u> 300 7th Street Wichita Falls Texas 76301 Facility involved in manufacturing of janitorial supplies, employs people with blindness and visual impairments.	<u>www.beaconwf.com</u> 940-767-0888
<u>Workforce Solutions North Texas Board</u> 4309 Old Jacksboro Highway, Suite 30 Wichita Falls Texas 76301	<u>ntxworksolutions.org</u> 940-322-1801

Social Security Administration  
4314 Wendover St  
Wichita Falls Texas 76309  
Assistance with finding jobs, training & employment programs

[www.ssa.gov](http://www.ssa.gov)  
866-815-9605

Texas Workforce Center of North Texas  
4309 Jacksboro Hwy  
Wichita Falls Texas 76302

[ntxworksolutions.org](http://ntxworksolutions.org)  
940-322-1801

Work Services Corporation  
1343 Hatton Rd  
Wichita Falls Texas 76302

[www.workservicescorp.com](http://www.workservicescorp.com)  
940-766-3207

Free career development & employment services for people with disabilities in North Texas.

### Legal Assistance

Legal Aid of NorthWest Texas  
710 Lamar St #300  
Wichita Falls Texas 76301  
Civil matters only, Energy Center suite 300

[internet.lanwt.org/en-us](http://internet.lanwt.org/en-us)  
(800) 926-5542

### Meals on Wheels

Meals on Wheels  
1008 Burnett St  
Wichita Falls Texas 76301

[www.thekitchenwf.org](http://www.thekitchenwf.org)  
940-322-6232

Archer County Neighborhood Action Group

202 E Walnut  
Archer City Texas 76351  
Senior center offers congregate meals, home delivered meals, transportation & budget counseling

940-574-4572

Clay County Senior Citizens, Inc

216 N. Hancock  
Henrietta Texas 76365

940-538-5615

Electra Service Corporation

503 W. Michigan  
Electra Texas 76360

940-761-7816

Friendly Door, Inc  
810 N. Third St. 940- 592-9311  
Wichita Falls Texas 76367

Holliday Community Senior  
201 N. Walnut 940-586-1963  
Holliday Texas 76366

Burkburnett Senior Citizens Activity Center  
220 E. 5th St 940-569-0821  
Wichita Falls Texas 76301  
60+ and people with disabilities residing in Burkburnett

### Food Pantries

Outreach - Jubilee Christian Center [www.jubileechristian.cc](http://www.jubileechristian.cc)  
403 Ave D 940-569-7344  
Burkburnett Texas 76354  
M-F: 9-12

Circle of Hope [www.aidscircleofhope.org](http://www.aidscircleofhope.org)  
4309 Old Jacksboro Highway, #200 940-689-9559  
Wichita Falls Texas 76302  
Provides supplemental food to assist HIV positive persons in meeting their nutritional needs.  
1st and 3rd Tue 9:30 am - 11:30 am

Evangel Temple of God [www.evangelchurch.life](http://www.evangelchurch.life)  
3800 Barnett Rd 940-691-5501  
Wichita Falls Texas 76301  
3rd Saturday of every month: 9:30-11:30

Floral Heights Methodist Church [www.fhumcwf.org](http://www.fhumcwf.org)  
2214 10th St 940-723-7151  
Wichita Falls Texas 76309  
M,T,Th: 9:30-11am once every 30 days bring ID

Colonial Baptist Church [www.colonialchurch.com](http://www.colonialchurch.com)  
4300 Maplewood Ave 940-691-8568  
Wichita Falls Texas 76308  
1st & 3rd Thursday of every month from 4-6pm (once every 60 days)

Interfaith Outreach Services

1101 11th Street  
Wichita Falls Texas 76301  
Monday, Tuesday, Thursday 9am-2:45pm  
Wednesday, Friday 9am-10:45 am

[www.interfaithwf.org](http://www.interfaithwf.org)  
940-322-1365

Helping Electra Local People (HELP)

609 W. Front  
Electra Texas 76360  
Electra only call & leave message 1st & 3rd of every month 1:30-2:30

940-495-4393

First United Methodist Church

201 E. Bank  
Wichita Falls Texas 76367  
4th Thursday of every month 4-5pm

[www.iowaparkumc.org](http://www.iowaparkumc.org)  
940-592-4116

Sacred Heart Catholic Church

1504 10th St.  
Wichita Falls Texas 76301  
Parishioners only

[sacredheartwf.org](http://sacredheartwf.org)  
940-723-5288

Sonshine House

927 Broad  
Wichita Falls Texas 76301  
Thursday 1:30- 4pm

[www.tenthandbroad.org/sonshine-house](http://www.tenthandbroad.org/sonshine-house)  
940-723-2731

Clay County Outreach

416 E. Gilbert  
Henrietta Texas 76365  
Clay Co only/ leave message

940-538-4998

Trinity United Methodist Church

5800 Southwest Pkwy  
Wichita Falls Texas 76310  
3rd Saturday of every month: 9:30 am - 11:30 am

[trinitywf.org](http://trinitywf.org)  
940-692-9995

Harvest Food Ministries

208 S. Main  
Holliday Texas 76366  
Thurs. 2:00 pm - 6:00 pm, 4th Thurs of month

[hfmhag.wixsite.com/hfmh](http://hfmhag.wixsite.com/hfmh)  
940-631-8779

Hope 29:11 (Nocona Boot factory) Nocona Boot Factory

901 E Hwy. 82  
Nocona Texas 76255  
Community outreach providing food, drinks, hygiene items, diapers, and clothes.

[www.hope2911.net](http://www.hope2911.net)  
(817) 513-2586

Salvation Army  
403 7th St  
Wichita Falls Texas 76310  
8am-11

[www.salvationarmytexas.org/wichitafalls](http://www.salvationarmytexas.org/wichitafalls)  
940-322-9822

Noah's Ark Outreach Ministry  
701 Harding  
Wichita Falls Texas 76301  
Fridays 11:00am to 4:00 pm

940-264-6624

### LGBT Resources

The Opal Center  
4726 Old Jacksboro Hwy., Ste B  
Wichita Falls Texas 76302

[www.theopalcenter.org](http://www.theopalcenter.org)  
940-257-4276

### Medication Assistance

AARP Foundation  
1632 Lucile Ave  
Wichita Falls, Tx 76301

[aarp.org/foundation](http://aarp.org/foundation)  
1-800-775-6776

Benefits quicklink: 250 private prescription assistance programs for people with limited incomes.

Catholic Charities Diocese of Ft Worth  
249 Thornhill Dr  
Fort Worth Texas 76115  
English & Spanish

[www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
817-534-0814

Circle of Hope  
4309 Jacksboro Highway, #200  
Wichita Falls Texas 76301

[www.aidscircleofhope.org](http://www.aidscircleofhope.org)  
940-322-5281

Provides supplemental food to assist HIV positive persons in meeting their nutritional needs.  
1st and 3rd Tue 9:30 am - 12:30 pm

Grace Ministries  
215 E. Third  
Burkburnett Texas 76354  
M & T 10-2pm, W 10-12

940-569-3388

HALL Meds [www.beaconwf.com](http://www.beaconwf.com)  
940-696-8251  
Wichita Falls Texas 76301 1-800-391-8251

Interfaith Outreach Services [www.interfaithwf.org](http://www.interfaithwf.org)  
1101 11th Street 940-322-1365  
Wichita Falls Texas 76301  
Health sustaining meds only

Wichita County Indigent Care [www.beaconwf.com](http://www.beaconwf.com)  
600 Scott St. Ste. 102 940-716-8535  
Wichita Falls Texas 76301  
Go to Medicaid first, if denied can apply: M-Th 8-12 & 1-5 / 3 prescriptions per month

Community Health Care Center [www.chcwf.com](http://www.chcwf.com)  
200 MLK Blvd 940-766-6306  
Wichita Falls Texas 76301  
Fees based on sliding scale

First United Methodist Church [www.iowaparkumc.org](http://www.iowaparkumc.org)  
201 E. Bank 940-592-4116  
Wichita Falls Texas 76367

Sam's Club [www.samsclub.com/club/8224](http://www.samsclub.com/club/8224)  
3801 Kell Blvd 940-691-0632  
Wichita Falls Texas 76301  
\$4 & \$10 Prescription Plan Call for a list of drugs

### Medical Equipment

Catholic Charities Diocese of Ft Worth [www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
249 Thornhill Dr 817-534-0814  
Fort Worth Texas 76115  
Hearing Aid

Diapers to Your Door [www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
100 12th St 806-546-2508  
Seagraves Texas 79359



## Pet Care

### P.E.T.S. Low Cost Spay & Neuter Clinic

500 Wichita St  
Wichita Falls Texas 76306

[www.petslowcostspayandneuter.org](http://www.petslowcostspayandneuter.org)

940-723-7387

## Senior Programs

### AARP Foundation

1632 Lucile Ave  
Wichita Falls, Tx 76301

Benefits quicklink: 250 private prescription assistance programs for people with limited incomes.

[aarp.org/foundation](http://aarp.org/foundation)

940-716-0799

### The Red Door

1008 Burnett St  
Wichita Falls Texas 76301

[www.thekitchenwf.org/the-red-door](http://www.thekitchenwf.org/the-red-door)

940-322-6232

### The Green Door

1100 Smith St  
Wichita Falls Texas 76301  
60+ MLK Center

[www.thekitchenwf.org/the-green-door](http://www.thekitchenwf.org/the-green-door)

940-766-1142

### 50+ Zone

600 11th Street 2nd Floor  
Wichita Falls Texas 76301

[www.wichitafallstx.gov/208/50-Plus-Zone](http://www.wichitafallstx.gov/208/50-Plus-Zone)

940-761-8887

### Archer County Neighborhood Action Group

202 E Walnut  
Archer City Texas 76301

Senior center offers congregate meals, home delivered meals, transportation & budget counseling

940-574-4572

### Area Agency on Aging of North Texas

4309 Jacksboro Hwy Ste 200  
Wichita Falls Texas 76301  
60+

[www.nortexrpc.org/aaa/main.htm](http://www.nortexrpc.org/aaa/main.htm)

940-322-5281

Clay County Senior Center  
216 N. Hancock  
Henrietta Texas 76365 940-538-5615  
8-3pm

Electra Service Corporation [www.wicprograms.org](http://www.wicprograms.org)  
503 W. Michigan 940-761-7816  
Electra Texas 76360

Friendly Door, Inc  
810 N. Third St. 940-592-9311  
Wichita Falls Texas 76367  
(Iowa Park Senior Center) 60+ Iowa Park & Pleasant Valley only

Holliday Community Senior  
201 N. Walnut 940-586-1963  
Holliday Texas 76366

Martin Luther King Center  
1100 Smith St 940-322-7152  
Wichita Falls Texas 76301

Burkburnett Senior Citizens Activity Center  
220 E. 5th St 940-569-0821  
Wichita Falls Texas 76301  
60+ and people with disabilities residing in Burkburnett

THE Kitchen [www.thekitchenwf.org](http://www.thekitchenwf.org)  
1008 Burnett St 940-322-6232  
Wichita Falls Texas 76301

**12 Step Groups Wichita Falls**  
**Alcoholics Anonymous**

Group 1 Alcoholics Anonymous  
5103 A Old Jacksboro Hwy.  
Jacksboro Hwy. at Southwest Pkwy.  
Wichita Falls, TX 76302  
(940) 767-0844

**AA Closed Meeting Schedule**

*Closed meetings are for people that have a desire to stop drinking.*

MONDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM - Big Book Study
TUESDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM - 12 Steps 12 Traditions Study
WEDNESDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM - Newcomers Meeting
THURSDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM - Character Defects
FRIDAY	8:30 AM	12 NOON		

**AA Open Meeting Schedule**

*Open meetings are for anyone interested in Alcoholics Anonymous.*

FRIDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM - Candlelight Meeting
SATURDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM
SUNDAY	8:30 AM	12 NOON	5:30 PM	8:00 PM

**Birthday Night**

*The third Saturday of each month at 8 p.m. is Birthday Night. Everyone is welcome to attend.*

**Al-Anon Meeting Schedule**

TUESDAY	5:30 PM
SATURDAY	12 NOON

**Alateen Meeting Schedule**

SATURDAY	12 NOON
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## 12 Step Groups Wichita Falls

### Celebrate Recovery - Fallspointe Church

2014 Kemp Blvd.

Wichita Falls Texas 76309

[www.fallspointechurch.com](http://www.fallspointechurch.com)

940-322-6304

### New Life Group

1406 Beverly Dr.

Wichita Falls Texas 76309

940-322-3213

### Group One AA

5103 A Old Jacksboro Hwy.

Wichita Falls Texas 76302

[www.grouponeaa.com](http://www.grouponeaa.com)

940-322-6452

## NA Groups

### Eastside Spirit Group NA

604 Sullivan

Wichita Falls Texas 76301

8 pm Daily

940-322-6304

### Something New

1914 Grant

Wichita Falls Texas 76309

7 pm Daily

<https://www.na.org/meetingsearch/>

(800)477-6291

## Weekly Motels

### La Posada

919 E. Scott St

Wichita Falls Texas 76301

\$150 deposit, efficiency \$450 a month \$250 deposit, 1 bedroom \$500 a month

940-766-0133

### Royal Inn

3102 Seymour Rd

Wichita Falls Texas 76301

1 person \$160 a week per person, monthly \$575

940-723-1186

## Nursing Homes

### Evergreen Health Care Center

406 E. 7th

940-569-2236

Burkburnett Texas 76354

### Iowa Park Health Care

[iowaparkhealthcare.com](http://iowaparkhealthcare.com)

1109 N. 3rd St

940-592-4139

Iowa Park Texas 76367

### Courtyard Gardens

1501 7th St

940-322-0741

Wichita Falls Texas 76301

### Promise Skilled Nursing

[www.promisesnf-wichitafalls.com](http://www.promisesnf-wichitafalls.com)

1101 Grace

940-720-6633

Wichita Falls Texas 76301

### Midwestern Healthcare Center

[www.nexion-health.com/midwestern-healthcare](http://www.nexion-health.com/midwestern-healthcare)

601 Midwestern Pkwy

940-723-0885

Wichita Falls Texas 76302

### Advanced Rehab and HealthCare

[www.ahstexas.com](http://www.ahstexas.com)

4810 Kemp Blvd

940-766-0281

Wichita Falls Texas 76308

### Hospice of Wichita Falls

[www.howf.org](http://www.howf.org)

4909 Johnson Rd

940-691-0982

Wichita Falls Texas 76310

### Texhoma Christian Care Center

[www.tccc.com](http://www.tccc.com)

300 Loop 11

940-723-8420

Wichita Falls Texas 76306

### University Park Nursing & Rehab

[www.daybreakventure.com/university-parknr](http://www.daybreakventure.com/university-parknr)

4511 Coronado

940-692-8001

Wichita Falls Texas 76310

## Assisted/Supervised Living Facilities

<u>Arbor House</u> 1525 Archer City Hwy Wichita Falls Texas 76302	<a href="http://www.arborhousetx.com">www.arborhousetx.com</a> 940-723-5035
<u>Brookdale Midwestern</u> 918 Midwestern Pkwy Wichita Falls Texas 76302	<a href="http://www.brookdale.com/en/communities/brookdale-midwestern.html">www.brookdale.com/en/communities/brookdale-midwestern.html</a> 940-322-0918
<u>Brookdale Sikes Lake</u> 2649 Plaza Pkwy Wichita Falls Texas 76308	<a href="http://www.brookdale.com/en/communities/brookdale-sikes-lake.html">www.brookdale.com/en/communities/brookdale-sikes-lake.html</a> 940-696-1351
<u>Elmcroft of Lake Wellington</u> 5100 Kell W Blvd Wichita Falls Texas 76309	<a href="http://www.brookdale.com/en/communities/brookdale-lake-wellington.html">www.brookdale.com/en/communities/brookdale-lake-wellington.html</a> 940-691-8181

## Shelters

<u>Children's Aid Society of West Texas</u> 1101 30th St Wichita Falls Texas 76302 Open 24 hours a day, 7 days a week Children's Home Emergency Eligibility: Ages 2-10, mostly CPS referred clients.	<a href="http://caswt.org">caswt.org</a> 940-322-3141
<u>Faith Mission</u> 1300 Travis Wichita Falls Texas 76301	<a href="http://faithmissionwf.org">faithmissionwf.org</a> 940-723-5663
<u>Faith Refuge (Wichita Falls Faith Mission)</u> 710 E Hatton Rd Wichita Falls Texas 76302	<a href="http://faithmissionwf.org">faithmissionwf.org</a> 940-322-4673
<u>First Step, Inc. Administrative Office</u> 624 Indiana # 304 Wichita Falls Texas 76301 Domestic Violence Hotline: 800-658-2683	<a href="http://www.firststep.org">www.firststep.org</a> Main Office: 940-723-7799 Counseling: 940-692-1993

Salvation Army [www.salvationarmy.org](http://www.salvationarmy.org)  
403 7th St. 940-322-9822  
Wichita Falls Texas 76301

Teen Emergency Shelter  
1101 30th St (Rear) 940-322-7671  
Wichita Falls Texas 76302

National Runaway Switchboard [www.1800runaway.org](http://www.1800runaway.org)  
800-786-2929

## Transportation

Archer County Neighborhood Action Group  
202 E Walnut 940-574-4572  
Archer City Texas 76301  
Senior center offers congregate meals, home delivered meals, transportation & budget counseling

Area Agency on Aging of North Texas [www.nortextrpc.org/aaa/main.htm](http://www.nortextrpc.org/aaa/main.htm)  
4309 Jacksboro Hwy Ste 200 940-322-5281  
Wichita Falls Texas 76301 800-460-2226

Electra Service Corporation  
503 W. Michigan 940-495-4311  
Electra Texas 76360  
60+ Medical Transportation only

Friendly Door, Inc  
810 N. Third St. 940-592-9311  
Wichita Falls Texas 76367  
(Iowa Park Senior Center) 60+ Iowa Park & Pleasant Valley only

Central Services Complex  
2100 Seymour Highway 940-761-7640  
Wichita Falls Texas 76307  
60+ or disability; call one day in advance after 9am

SHARP Lines Rural Public Transportation [www.rollingplains.org](http://www.rollingplains.org)  
118 North 1st St. 800-633-0852  
Crowell Texas 79227 940-684-1571

Wichita Falls Bus System (City Bus)

2100 Seymour Highway  
Wichita Falls Texas 76307

[www.wichitafallstx.gov/339/Falls-Ride---Public-Transportation](http://www.wichitafallstx.gov/339/Falls-Ride---Public-Transportation)  
940-761-7433

**Utilities**

Interfaith Outreach Services

1101 11th Street  
Wichita Falls Texas 76301

[www.interfaithwf.org](http://www.interfaithwf.org)  
940-322-1165

Faith Mission

1300 Travis  
Wichita Falls Texas 76301

[faithmissionwf.org](http://faithmissionwf.org)  
940-322-1365

Grace Ministries

215 E. Third  
Burkburnett Texas 76354

940-569-3388

Helping Electra Local People (HELP)

609 W. Front  
Electra Texas 76360  
Electra residents only

940-495-4393

Rolling Plains Management Corporation

719 Scott Ave Suite 700  
Wichita Falls Texas 76306

[www.rollingplains.org](http://www.rollingplains.org)  
940-723-2261

Salvation Army

403 7th St.  
Wichita Falls Texas 76301

[www.salvationarmy.org](http://www.salvationarmy.org)  
940-322-9822



## Miscellaneous

### AARP Foundation- Benefits Quicklink

[aarp.org/foundation](http://aarp.org/foundation)

940-716-0799

An online public benefits screening tool

### Alzheimer's Association, North Central Chapter

[www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas)

901 Indiana Ave Suite 350

940-767-8800

Wichita Falls Texas 76301

Support to those afflicted with Alzheimer's and their families through information, education, counseling, literature, newsletters, speakers and support groups.

### AL-ANON / ALA –TEEN

[texas-al-anon.org/meetings/wichitafalls](http://texas-al-anon.org/meetings/wichitafalls)

940-767-0844

### American Cancer Society

2304 Midwestern Pkwy #206

800-227-2345

Wichita Falls Texas 76308

Organization offers cancer specific services including education, information, prevention, early detection, support groups, guest rooms, transportation, medical equipment, and gift items.

### The Arc of Wichita County

[thearcwctx.org](http://thearcwctx.org)

3115 Buchanan St

940-692-2303

Wichita Falls Texas 76308

The Arc provides information and referrals regarding intellectual and development disabilities. Also, recreation for individuals with IDD.

### Beacon Lighthouse for the Blind

[www.beaconwf.com](http://www.beaconwf.com)

300 7th Street

940-767-0888

Wichita Falls Texas 76301

The mission and purpose of the Beacon Lighthouse is to enhance economic and personal independence of people who are blind and visually impaired, primarily through employment in the manufacturing and sale of quality goods and services.

### Big Brothers Big Sisters

1510 Midwestern Pkwy 110

940-767-2447

Wichita Falls Texas 76302

Boys & Girls Club - Central Club

1318 6th St  
Wichita Falls Texas 76301

940-322-6908

Boys & Girls Club- Southeast Club

3301 Armory Rd  
Wichita Falls Texas 76302

940-322-7769

Burkburnett Boys & Girls Club

800 County Road  
Burkburnett Texas 76354

940-569-2812

Camp Fire North Texas

2414 9th St  
Wichita Falls Texas 76301

[campfirentx.org](http://campfirentx.org)  
940-322-5209

Camp Sweeney

10687 FM 678  
Whitesboro Texas 76273

[www.campsweeney.org](http://www.campsweeney.org)  
940-665-2011

Provides medical treatment for children with diabetes in a sports camp atmosphere.

Catholic Charities – Veteran Services

249 Thornhill Dr  
Fort Worth Texas 76115

[www.catholiccharitiesfortworth.org](http://www.catholiccharitiesfortworth.org)  
817-534-0814

Provides short term housing assistance for veteran in need.

Christmas In Action Wichita County, Inc.

1113 Sheppard Access Rd  
Wichita Falls Texas 76306

[www.christmasinactionwftx.org](http://www.christmasinactionwftx.org)  
940-696-9393

Repairing the homes of low-income elderly and low-income disabled homeowners.

Communities in Schools of Greater Wichita Falls (CIS)

705 8th St #700  
Wichita Falls Texas 76301

[wichitafalls.communitiesinschools.org](http://wichitafalls.communitiesinschools.org)

940-264-6744

Offer personalized student management services by connecting students and families with academic and community resources to ensure student success. After school academic programs at area Jr. High and High Schools.

The Center

4011 Seymour Hwy  
Wichita Falls Texas 76309

[thecenterwf.org](http://thecenterwf.org)  
940-322-4883

Offers free pregnancy tests, counseling, support, sonograms, maternity, and infant-toddler clothing. Completely confidential.

DARS Wichita Falls Field Office

925 Lamar St., Ste. 1700  
Wichita Falls Texas 76301

[Twc.texas.gov/Councils/ret](http://Twc.texas.gov/Councils/ret)

940-235-1710

Program helps individuals with disabilities prepare for, find, and keep jobs. Work-related services are individualized and may include counseling, training, medical treatment, assistive devices, job placement, and other services. This program also helps students with disabilities make the transition from school to work.

Diaper Chest Interfaith Outreach Services

1101 11th Street  
Wichita Falls Texas 76301

[www.interfaithwf.org](http://www.interfaithwf.org)

940-322-1365

Provides one case of diapers per visit for those in need.

Early Head Start - Burkburnett Center

600 W 7<sup>th</sup> St  
Burkburnett Texas 76354

[www.wfearlyheadstart.org](http://www.wfearlyheadstart.org)

940-434-0181

50+ Zone

600 11th Street 2nd Floor  
Wichita Falls Texas 76301

[www.wichitafallstx.gov/208/50-Plus-Zone](http://www.wichitafallstx.gov/208/50-Plus-Zone)

940-761-8887

M-F 8:30am -8:30pm Activities include: bingo, movies, dances, computer classes, arts & crafts, exercise programs, fitness center.

Habitat for Humanity of Wichita Falls

1206 Lamar St.  
Wichita Falls Texas 76301

[www.habitatwf.com](http://www.habitatwf.com)

940-716-9300

Helen Farabee Centers Veteran Peer Provider Support Group

Wichita Falls Texas

[www.helenfarabee.org](http://www.helenfarabee.org)

Contact: Elliott Bonner 940-397-3315

The Veterans Peer Group meeting is every Monday from 12pm-1pm. Meetings will be held at the Candlewood Suites Hotel conference room, located at 1320 Central Freeway. Meet with veteran organizations to build awareness of Post-Traumatic Stress Disorder (PTSD), Military Sexual Trauma (MST) and Traumatic Brain Injury (TBI)

Interfaith Outreach Services

1101 11th Street  
Wichita Falls Texas 76301  
Interpreting and Translating Assistance

[www.interfaithwf.org](http://www.interfaithwf.org)

940-322-1365

Martin Luther King Center

1100 Smith St 940-322-7152

Wichita Falls Texas 76301

The center hosts senior activities, a highly regarded childcare facility and many community service programs and special events, which encourage and promote service to others, constant pursuit of education and positive relationships between all people.

NAMI-WF (National Alliance on Mental Illness)

[namiwichitafalls.org](http://namiwichitafalls.org)

909 8th St., Ste. 400

940-244-6264

Wichita Falls Texas 76301

North Texas Special Olympics

[www.sotx.org](http://www.sotx.org)

710 Lamar St # 430

940-692-2986

Wichita Falls Texas 76301

North Texas Rehabilitation Center

[www.ntrehab.org](http://www.ntrehab.org)

1005 Midwestern Pkwy

940-322-0771

Wichita Falls Texas 76302

Salvation Army

[www.salvationarmytexas.org/wichitafalls](http://www.salvationarmytexas.org/wichitafalls)

403 7th St

940-322-9822

Wichita Falls Texas 76310

Holiday Gift Program

Straight Street

[straightstreettx.com](http://straightstreettx.com)

1100 Indiana Ave

940-716-9898

Wichita Falls Texas 76301

High School tutoring program. Additional programs for at-risk youth

Texas Health and Human Services (HHS)

[hhs.texas.gov/services/aging](http://hhs.texas.gov/services/aging)

855-937-2372

Talking Hands Interpreting Service

805 S Waggoner St

940-232-2743

Electra Texas 76360

Deaf & Hard of Hearing services (DHHS); serves Wichita Falls

Texas Department of Assistive and Rehabilitative Services: Division for Blind Services

3709 Gregory Street, Suite 102

[www.visionaware.org](http://www.visionaware.org)

Wichita Falls Texas 76308

940-689-2740

Wichita Falls Birth and Housing Center

912 Burnett Street

Wichita Falls Texas 76301

Free support groups for new moms: Tribe Talk, MOMS

[www.wfbirth.com](http://www.wfbirth.com)

940-285-5052

Volunteer Income Tax Assistance (VITA)

3401 Armory Rd

Wichita Falls Texas 76302

Agency: North Texas Area United Way, A community-based program that utilizes IRS certified volunteers to offer free tax preparation to low-income families and individuals with the purpose to ensure that eligible families are receiving the Earned Income Tax Credit (EITC).

[ntauw.org/freetaxprep](http://ntauw.org/freetaxprep)

877-541-7905

Youth Opportunities Center

401 Madison St

Wichita Falls Texas 76306

Community Center for school age children, offers fine arts and boxing free of charge.

Monday-Thursday 11 am - 6 pm

[yocnow.wordpress.com](http://yocnow.wordpress.com)

940-767-5972

Youth Opportunities Center

401 Madison St

Wichita Falls Texas 76306

Community Center for school age children, offers fine arts and boxing free of charge.

Monday-Thursday 11 am - 6 pm

[yocnow.wordpress.com](http://yocnow.wordpress.com)

940-767-5972